

The MindBodyHerbs Shoppers Guide Magnet

Available for purchase. Simply email Info@MindBodyHerbs.com

The MindBodyHerbs Shopper's Guide

Most Important Foods to Buy Organically

Meat/Eggs/Dairy
Strawberries
Stone Fruit
Baby Food
Grapes
Melons
Bell Peppers
Apples/Pears
Coffee/Cocoa



Imported Produce
Soy/Canola
Potatoes
Corn
Rice
Celery
Peanuts
Leafy Greens
Processed Food

For More Information Visit: www.mindbodyherbs.com

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